

Elizabeth Jordan McBride  
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## EDUCATION

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**University of Georgia** – Terry College of Business, Athens, Georgia 2030  
Ph.D. in Management (Organizational Behavior)

**Middle Tennessee State University** - Jennings A. Jones College of Business, Murfreesboro, Tennessee 2023  
M.S. in Management and Organizational Leadership  
Applied Project: *Managing the Employee Life Cycle through the Integration of Mindfulness, Psychological Safety, and Work-Life Balance Practices*

**Middle Tennessee State University** - College of Liberal Arts, Murfreesboro, Tennessee 2018  
B.S. in Organizational Communication, cum laude  
Minor in Psychology

## RESEARCH INTERESTS

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My research aims to understand how individuals interact and relate to one another in the workplace. This research pursuit primarily guides me toward topics that involve interpersonal relationships and social dynamics, such as leader-member exchange, interpersonal emotional regulation, and social stratification.

## SELECT WORKS IN PROGRESS

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Matta, F. K., †**McBride, E. J.**, ††Grant, R. S., †Bennion, C. W. (in progress). [LMX Scale Development]. Writing phase.

†**McBride, E. J.**, Matusik, J. G. (in progress). [Workplace Popularity]. Data collection phase.

†**McBride, E. J.**, Murphy, M. J., Matta, F. K., Rodell, J. B. (in progress) [Leader Activism]. Data collection phase.

Rodell, J. B., †Nakos, O., †**McBride, E. J.** (in progress). [Volunteer Emotions]. Data collection phase.

†**McBride, E. J.**, Liu, Y., Matta, F. K. (in progress) [Interpersonal Emotional Regulation]. Data collection phase.

## CONFERENCE PRESENTATIONS

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Matta, F. K., †**McBride, E. J.**, ††Grant, R., & †Bennion, C. (2026). Returning to its roots: A role theory-based measure of leader-member exchange. Poster presented at the annual meeting of the Society for Industrial and Organizational Psychology. New Orleans, LA.

*Identified as a top-rated poster for the Leadership/Leader Development Content Area Theme Track.*

## PROFESSIONAL INVOLVEMENT & SERVICE

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### Affiliations

*Academy of Management*

*Society for Industrial and Organizational Psychology (SIOP)*

*Beta Gamma Sigma International Business Honor Society*

*The Honor Society of Phi Kappa Phi*

University of Georgia

*University of Georgia Management Department Subject Pool Coordinator (2025-2027)*

## INVITED PRESENTATIONS

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2024 “Insights on Employee Engagement, Education and More,” Morgan Stanley, June 26. (virtual)

## FELLOWSHIPS/SCHOLARSHIPS & AWARDS

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2026	Academy of Management Conference OB Division Best Reviewer Award
2025-2030	University of Georgia Graduate School Assistantship
2024	Registered Yoga Teacher, Yoga Alliance
2023	Tackling Turnover Award Finalist, 15Five
2022	Veterans at Work Certificate, Society for Human Resource Management
2019	Performer Award 2019, Hello! Nashville
2018	Experiential Learning Scholar
2016 - 2018	Hope Lottery Scholarship, Middle Tennessee State University
2015 - 2018	Dean's List, Middle Tennessee State University
2014 - 2018	Provost Scholarship, Middle Tennessee State University
2014 - 2015	Hope Lottery Scholarship, Middle Tennessee State University

## PROFESSIONAL EXPERIENCE

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### **Stock & Option Solutions**

Nashville, TN

#### *Human Resources Manager*

June 2024 to Present

- Developed compensation philosophy, strategy, and structure, and disseminated training to management and leadership

#### *Human Resources Specialist – Engagement & Development*

March 2022 to June 2024

- Facilitated monthly management best practice lectures for approximately 10 middle managers and executive leaders
- Implemented a performance management system, increasing manager effectiveness, employee performance, and output

#### *Human Resources Coordinator*

June 2020 to March 2022

- Partnered with executive leadership in developing an organization-wide career pathing matrix with tailored development plans promoting retention of top performers

### **Hello! Destination Management**

Nashville, TN

#### *Account Manager*

Jan. 2019 to March 2020

- Named Preferred Account Manager at the JW Marriott Nashville partnership
- Top Performer Award of 2019 in the Nashville office

#### *Account Coordinator*

Aug. 2018 to Dec. 2018

## REFERENCES

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### **Fadel K. Matta, Ph.D.**

C. Herman and Mary Virginia Terry

Chair of Business Administration

Professor of Management

Terry College of Business

University of Georgia

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